

here to help...support & advice numbers

NAS South Lanarkshire: 07941 252 485

Local advice and support direct from the South Lanarkshire branch.

NAS Helpline: 0845 070 4004 (M-F 10-4)

A UK wide service with advisers who have all worked with people with an ASD. The line is open to people with ASD, family members & professionals.

Advocacy For Education: 0845 070 4002

Education Advice and advocacy for parents and carers of children with autism.

Parent To Parent Line: 0800 9520 520

Free, confidential support to parents of a child or adult with autism provided by other volunteer parents.

future meetings

We meet every second Wednesday of the month in the District Court Room, Civic Centre, Andrew Street, East Kilbride (beside the Ballerup Hall) from 7:30pm until 9:30pm. Mums & Dads, Gran-nies & Grandpas, Aunties & Uncles, Carers and Professionals are all welcome.

We work to have guest speakers at our meetings, but the meetings without speakers are always very lively too! Speakers will be confirmed on the email mailing list and website. Please let us know if you have any suggestions for future speakers.

Here are the dates for for the rest of 2007.

Sept 12 : Andy Fleming, Autism Nurse, Adult Learning Disability Team

Oct 10 : Elizabeth Finnan, Information & Education Officer

Nov 14 Dec 12

contact details

If you would be interested in helping out in any way, please make contact. Our contact details are:

Ross Macfadyen (Branch Officer)

Tel: 07941 252 485

email: mail@trialogue.org.uk

web: www.trialogue.org.uk

Branch Address: South Lanarkshire NAS, 9 Halfmerk North, Maxwellton, East Kilbride, G74 3EH.

got an email address?

It is much cheaper and easier to email *trialogue*. Please send an email to mail@trialogue.org.uk and I'll add you to the list. You will also receive news updates/info as I get it. No "spam" guaranteed! Many thanks. This newsletter is also available at : www.trialogue.org.uk/Newsletters/index.htm

the usual legal notice!

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The National
Autistic Society
south lanarkshire
www.trialogue.org.uk

The Newsletter of South Lanarkshire NAS

Issue No 8: Sept 2007

a new look to triologue

We hope you like this updated version of your *trialogue* newsletter and website! Comments and suggestions are always welcome. Contact details are on the back page.

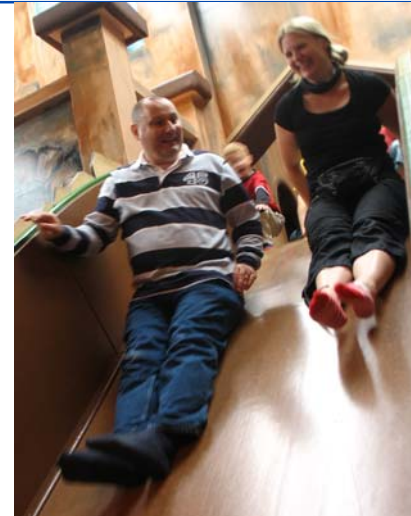
kelburn trip - the adults had fun too!

A group of 10 families met up at the Civic Centre and boarded a coach for the journey to the coast. We enjoyed watching Wallace & Gromit and the odd sweetie or two! We were also hoping the rain would have stopped by the time we arrived.

Unfortunately, the rain stayed on for the day. However, the gift shop sold lovely green rain capes and we were all highly visible while we took part in a sensory walk through the woods, and explored the Secret Forest! The children also enjoyed pony trekking sessions, although the horses were scared of the rain capes so the adults got soaked from dripping hair to muddy feet.

The highlight of the day was two separate sessions in Kelburn's indoor play area. The area is decked out as a castle with climbing wall, a bridge over a moat, two slides and dark dungeons. The children had a whale of a time climbing, jumping and creating a wonderful noise!

However, the real fun was had by the parents while assisting the children on the play structure. Particularly popular were the slides. Here Ross is coaxing another parent down the slide, closely followed by the rest of the group!



Your autism charity

dad's the word conference

The valuable role of fathers in family life is being increasingly recognised in national family policy. However, the specific importance of fathers in families with children with disabilities is often overlooked. Recent research has shown that fathers of children with additional support needs are often marginalised and their caring role generally undervalued.

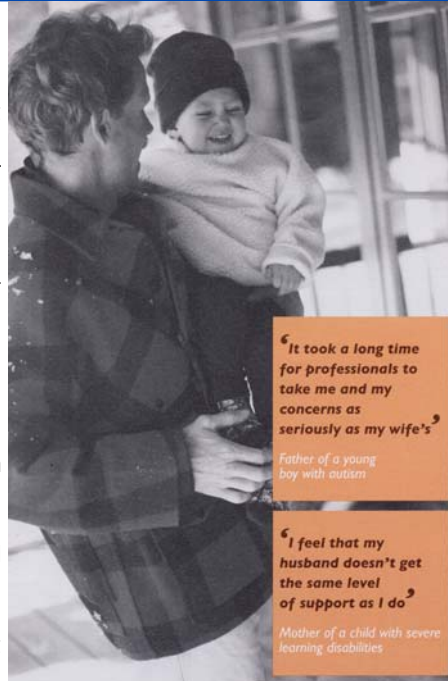
Children in Scotland are running a conference at Inchyra Grange Hotel in Falkirk on 25th September from 8:45 until 4:15.

The conference will:

- Draw on findings of "Recognising Father: understanding the issues faced by fathers of children with a learning disability".
- Hear from fathers about their everyday life and barriers they face.
- Consider fathers short and long term support needs.
- Consider how professionals and services can better meet the needs of fathers.
- Have a variety of workshops including Meeting fathers support needs, Looking after Dad, and Being There for Each Other.

The conference is aimed at professionals and fathers alike, with the cost being a mere £20 for parents/carers.

The booking form is available at www.childreninScotland.org.uk/dtw or by contacting Julia MacIntosh on 0131 222 2438 or by email: conferences@childreninScotland.org.uk



guest speakers

September 12: Andy Fleming, Autism Nurse, Adult Learning Disability Team, NHS Lanarkshire.

October 10: Elizabeth Finnan, Information & Education Officer, Autism Resource Centre, Maryhill.

cycling lessons

Would your child love to learn to cycle? Would you like to give them some extra tuition but don't know where to access this? Contact Selena Begley 01698 45 5552!

money matters — carer's allowance

Money Matters is a service run by South Lanarkshire Council offering free money advice, from benefits to debt. They are open Mon—Fri from 8:45am until 4:45 pm (4:15 on Fri) and appointments can be made through your local Q&A office.

carer's allowance

- Is a benefit paid to someone who cares for another for at least 35 hrs per week.
- The person being cared for must have DLA Care rate at middle or high rate.
- You do not have to be related to/living with the person you are caring for.
- If working, you may not earn more than £87 per week.
- £48.65 is payable to yourself, with an extra £29.05 for an adult dependent, £9.55 for the oldest dependent child and £11.35 for other children.
- Claim on form DS700, which you can get by phoning: 0800 88 22 00
- You cannot get Carer's Allowance if you are receiving the same amount or more from State Pension, Maternity Allowance, Incapacity Benefit, Unemployment Supplement, or Contribution-base Jobseeker's Allowance.

carer's centre training

The Princess Royal Trust Carer's Centre is again running a course on Autism Awareness. The course take place between 10:30 and 2:30 on the following dates:

Tues 23rd Oct: Hope For Autism, Chapel Street, Airdrie

Wed 7th Nov: ARCh, Register Ave, Bellshill

On Mon 10th Sept, a course in Autism & Diet at Robert Owen School in Lanark.

Lots of other courses are run on a variety of different subject. Further information and booking from the Lanarkshire Carers Centre on 01698 428090. Ask also about their Pampering Service!

education provision in rutherghlen/cambuslang

A group of parents from Rutherghlen/Cambuslang have teamed together to campaign for an improvement in the local educational provision for primary aged children. They are asking for a ASD specific base to be established in one of the local primary schools.

If you'd be interested in helping out, please contact Jackie on 07766 000 268 or Ross on 07941 252 485 . Further information will follow in the pages of this newsletter!

donations

Hamilton Park Race Course had a collection for us in July. Their staff and customers gave us a whopping £541.56! Thanks to all!